

Events



- 5 K Walk/Ride
- 5 - 10 K Fun Run
(Sponsored by the Running Room Ltd.)
- Free BBQ for participants
- Huge Silent Auction
- Tim Hortons
- Free "Doggy" Photobooth
- Free Photobooth for Participants
- Kids Crafts and Face Painting
- Massages for runners, courtesy of

- Oakbank Massage Therapists
- Team Awards for: Most Money Raised by a Team & Most Participants on a Team
- Award for Top Pledge Collector
- Medals for Top Three Placed Runners and Walkers

Walks, Run & Ride



Come on out and enjoy the beauty of Spring! We have marked our 5 kilometer route. Bring your family, your friends, and your dog! For those that like a little faster pace, try our 5 or 10 k Fun Run, sponsored by the Running Room. Visit www.runningroom.ca for further details or register at the event. Our cycling enthusiasts can enjoy the designated route as well. Bring your bike and join in on the event by cycling the distance.

Sponsors



PLATINUM



Beausejour
Pembina
Red River

GOLD



SILVER

Crystal Lake Development Ltd.



K-stone Construction Inc.



BRONZE

Ron Shuler M.L.A.
Springfield



Avon - Jennifer
Vanderbosch

Sponsors



NICKEL

- Dunn Family Auto Centre
- Ingham Pharmacy
- Kachur's Sand and Gravel
- Matt & Rosa de la Lande
- McPhillips Toyota
- Oakbank Autobody Works
- Sobering Funeral Chapel
- Springfield Earthworks
- Tereck Diesel
- The Property Exchange Group Inc.
- Transcona Vetererinary Hospital
- Tri-M Trucking
- Valeant Pharmaceuticals

HELPING US MAKE A DIFFERENCE

- Beausejour Handivan
- Fjeldsted Photography
- Poplar Press
- RM of Springfield
- Signs Are Us
- Springfield Citizens on Patrol Program
- Springfield EMS, Fire Dept & RCMP
- Springfield Kinsmen
- Sunrise School Division
- Twilite Productions

11th Annual
Andrew Dunn
Walk/Run

*fighting depression
one step at a time*

**Saturday
May 13, 2017**

**One Insurance Arena
Oakbank, Manitoba
Registration - 9:30am
Walk/Run - 11:00am**



 AndrewDunn.org

Registration



The Andrew Dunn Organization has been established for mental health educational initiatives & suicide awareness & prevention.

EVENT (please check one)

WALK **FUN RUN 5K** **10K** **RIDE**

Tax Receipt Required

NAME

ADDRESS

CITY/PROVINCE

POSTAL CODE

PHONE (HOME) PHONE (WORK)

Email Address

DATE OF BIRTH (mm/dd/yyyy)

SIGNATURE (If under 18 parent or guardian must sign below)

PARENT/GUARDIAN SIGNATURE

DATE

WAIVER & RELEASE
 I, the abovesigned, my heirs and/or administrators hereby waive, release and forever discharge the Andrew Dunn Organization, committee members, the Mood Disorders Association of MB, its Directors, Officers, agents, employees and volunteers or anyone associated with either organization, of and from all manner of actions, causes, suits, debts, claims and demands whatsoever in connection with The Andrew Dunn Walk Run and the Mood Disorders Association of MB.
 I assume full responsibility for any injury, accident, damage or harm arising as a result of my participation, in all Andrew Dunn Organization and Mood Disorders events, activities and programs. I am over the age of eighteen (18), legally competent to sign this waiver, and agree that the terms herein are contractual. I have read this waiver before voluntarily signing it.
 Further, I release the rights to any photos or video of me taken at the event for educational or promotional use.

Pledge Form



STEP 1 - Collect Donations

STEP 2 - Register (9:30am - 10:30am)

STEP 3 - Walk/Run/Ride starts @ 11:00am (rain, shine, or snow)

STEP 4 - After event - Free BBQ, Entertainment, Silent Auction Prizes, Etc.

NAME	ADDRESS (including postal code)	PHONE NUMBER/ EMAIL	AMOUNT COLLECTED	TAX RECEIPT?	PAYMENT METHOD
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Working in partnership with
**Mood Disorders
 Association of Manitoba**



WHERE DOES THE MONEY GO?
 With money raised, AndrewDunn.org helps to sponsor a number of National Mental Health and Suicide Awareness and Prevention Conferences and many Awareness, Anti-Stigma and Educational Initiatives, several School Awards and Bursaries, Community Support and a Mental Health and Wellness Group, "Springfield Connections". Please visit our website to see our accomplishments and future goals.

FOR MORE INFORMATION:
 Contact Judy Dunn @ Mood Disorders: ph 204-444-5228 or jd4mdam@gmail.com

All money must be in by May 13th, 2017
 Please ensure that name and complete mailing address is legible in order to receive your tax receipts with a donation of \$10 or more

TOTAL

Please make cheques payable to Andrew Dunn Memorial Fund
 MDAM CHARITABLE REGISTRATION #128749520RR0001